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Loaches of Darjeeling Himalaya and Adjoining areas of West Bengal: their Prospects as Ornamental Fish and Constraints

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ABSTRACT

The loaches form an important group of having good potential to be classified aquarium fish due to their small size, bright bands, blotches, colouration, peaceful nature, hardiness, compatibility, and the ability to be reared in aquarium throughout the life span. In the present communication, The Darjeeling Himalaya and its adjoining plain land Terai and Dooars of the Indian state of West Bengal were surveyed for four years (March 2007 to February 2011) in order to examine the diversity of loaches. A total of 20 species of loaches were recorded from the study area belonging to 4 families and 9 genera. Percentage compositions of families were Balitoridae (5%), Nemacheilidae (55%), Cobitidae (20%) and Botiidae (20%). Amongst them more than 50 percent species belong to threatened category. The region with rich ichthyodiversity and high level of endemism is under immediate threat of species decline and habitat destruction mainly due to tremendous pressure from demotechnic growth and also because of natural environmental changes. Thus, there should be a term planning, conservation and judicious use of the germplasm, the highly priced native ornamental fish resources especially loaches to provide this region an ample scope for foreign exchange earnings.

Keywords: Darjeeling Himalaya, Loaches, Ornamental fish.

INTRODUCTION

The fishes of the superfamily Cobitoidea (suborder Cobitoidei minus Catostomidae) are popularly called "Loaches" which form an important group having good potential as a classified aquarium fish due to their small size, bright bands, blotches, colouration, peaceful nature, hardiness, compatibility, and which can be reared in aquarium throughout their life span. Fishes of the suborder Cobitoidei, are small benthic fishes known throughout Eurasia, with two named species in Africa¹. The suborder Cobitoidei derives its name from *Cobitis*, a genus established by Linnaeus². *Cobitis* means 'like the gudgeon'. Kottelat¹ has reviewed the suborder and recognised 1043 valid species in 111 valid genera. Earlier, approximately 85 genera and 770 species of loaches have been reported³. The general body pattern is oblong, elongate, compressed or cylindrical but not depressed. Snout and lips are fleshy. Small, inferior mouth is with thick pendulous barbels. Six to eight, rarely 10 barbels are present. The fishes are usually scaleless; scales when present, small and cycloid. A suborbital or preorbital spine is present or absent. Lateral line is nearly straight. Vertical fins are spineless. Dorsal fin is with varying number of rays (8-30), anal with few (7-8) rays. Pelvics are present or absent. Darjeeling Himalaya, as it popularly known, is the hilly Himalayan part of the northern most Darjeeling district of Indian state of West Bengal. The district lies between 27°13' 05" and 26°17'10" North latitude and between 88° 53' 00" and 87° 59' 30" East longitude. Being an integral part of the eastern Himalaya the region is regarded as freshwater biodiversity hotspot⁴. Goswami *et al.*,⁵ have reported a total of 67 species of loaches from North-East India, inclusive Himalayan and Indo Burma biodiversity hotspot s zones. Blyth⁶ had collected *Botia nebulosa* (= *Nemacheilus botia*) from

Darjeeling. Choudhury⁷ described a new species *Lepidocephalichthys annandalei* obtained from the river Tista near Jalpaiguri and the river Mahananda at Siliguri. Shaw and Shebbeare⁸ had listed 17 species from North Bengal. Hora and Gupta⁹ collected fish from Kalimpong Duars and Siliguri Terai of North Bengal and mentioned ten species under the family Cobitidae. Very recently a total of 13 species were reported from Teesta river¹⁰. Some species are already popular among the traders and hobbyists both locally and globally by specific trade name. The present study was therefore carried out in order to examine the diversity of loaches in the Darjeeling Himalaya and its adjoining plain land Terai and Doars of the Indian state of West Bengal. The elucidation of the distribution patterns of loaches will provide substantial geographical and biological information as a starting basis for the formation and implementation of conservation policy.

MATERIALS AND METHODS

Darjeeling Himalaya, as it popularly known, is the hilly Himalayan part of the northern most Darjeeling district of Indian state of West Bengal. The region has a pronounced seasonal climate and lies north of the tropical belt (The district lies between 27°13' 05" and 26°17'10" North latitudes and between 88° 53' 00" and 87° 59' 30" East longitudes). The wavy plain lying in the foot of Darjeeling Himalaya is known as the Terai and Duars. The Western part of the river Teesta is known as Terai and Eastern part is called Duars (Fig-1). Collection of fish were made from River Teesta and Rangeet, hill stream Relli and Riyang in Darjeeling Himalaya, river Mahananda and Sevok khola in Terai, Ghish in Duars, Teesta barrage at Gajoldoba, ponds and ditches from March 2007 to February 2011. Fish sampling was carried out following fishermen or local people who used to catch fish in this region. Gears and methods used in fish sampling were cast net (*Bhureli jal*), rock-striking, scoop net, gill-net, hook and line, various traps (*Dhadiya, tip, thokre and thali trap*), electro-fishing and water diversion. The fishes caught were examined for their morphological features, colour bands or spots present on the body and these were recorded in the field along with their length and weight. Photographs were taken by digital compact camera (Nikon, coolpix L10). Two specimens of each species were taken for identification. The specimens were transported to the laboratory after wrapping them in cotton soaked in 10% formalin solution and packed in polythene bag. Before identification these were washed in running tap water for half an hour and then the species were ascertained on the basis of their morphometric characters and meristic counts following the criteria given by Shaw and Shebbeare⁸, Menon¹¹, Talwar and Jhingran¹², Menon¹³, Tekriwal and Rao¹⁴, Nath and Dey¹⁵, and Jayaram¹⁶. Valid scientific names were taken from *Fish Base*¹⁷. Current conservation status as evaluated by Conservation Assessment and Management Plan (CAMP) workshop held at NBFGR¹⁸ is indicted and IUCN¹⁹.

RESULTS AND DISCUSSION

A total of 20 species of loaches were recorded from the study area and these belong to 4 families and 9 genera (Table- I). The percentage composition of families of loaches representing Darjeeling Himalaya and adjacent areas is depicted in Fig.1. Shaw and Shebbeare⁸, Hora and Gupta⁹ and Sen²⁰ reported 17, 10 and 20 species of Loaches respectively from this region. Single species, *Balitora brucei* belonging to the family Balitoridae (hill-stream loach) was found in the bottom of swift river like Teesta, stream like Riyang. The loach does well in aquaria but is not popular because of its drab appearance²¹. A total of 11 species of loaches belongs to the family Nemacheilidae (Cylindrical Loaches) were found among the stones and pebbles at the bottom of shallow, clear and swift streams like Teesta, Rangeet, Riyang, Relli, Mahananda, Sevok khola and Ghish. Environmental conditions tend to produce similar characters and it is probable that the great resemblance between the various species of Nemacheilids is due to a similarity in their environment²¹. Single specimen each of *Nemacheilus botia aureus* and *Schistura Savona* was caught in Teesta and Teesta barrage area respectively. *Acanthocobitis botia* and *Nemacheilus botia aureus* are synonymous²² but Jhingran and Sehgal²³ and Srivastava²⁴ treated them separately. *Nemacheilus mooreh* (Sykes, 1839) is synonym of *Nemacheilus botia aureus*¹⁷. Earlier, Shaw and Shebbeare⁸ and Hora and Gupta⁹ have also reported *Schistura Savona* from this area. The family Cobitidae is popularly known as 'Spined Loaches'. They are bottom dwellers, mostly of small sizes and are found mainly in streams,

rivers and lakes of hilly areas¹⁴. The family Cobitidae is popularly known as ‘Spined Loaches’. They are bottom dwellers, mostly of small sizes and are found mainly in streams, rivers and lakes of hilly areas¹⁴. Four species of ‘True Loaches’ which belong to the family Cobitidae were found in this region. Characteristics of Cobitid genera like *Lepidocephalichthys*, *Pangio* and *Canthophrys* were compared²⁵. These Cobitid genera did not form a monophyletic group and were referred to as the ‘southern lineages’²⁶. *Lepidocephalichthys guntea* (Air Breathing Loach) was found in muddy bottom of pool zone of streams, rivers and ditches. They appear to prefer a sandy or fine gravel bottom into which they are able to burrow and quickly disappear if alarmed or frightened. The spinous first pectoral ray helps with the digging in¹⁴. *Pangio pangia* (Coolie Loach) inhabit standing or slow flowing waters of pool zones of stream and rivers of submontane regions. The fish is quite popular with aquarist. Another species *Pangio apoda* (Snake Loach) was also found in Teesta barrage area. Shaw and Shebbeare⁸ mentioned that Hora found a form of *Pangio pangia* without pelvics among the debris at the bottom of still pools. He therefore suggests that the form may be correlated with its habitat. But recently the form was described by Britz and Maclaine²⁷ from Teesta barrage area and the new species status was supported by Kottelat¹. *Canthophrys gongota* (Jaguar or Moose Faced Loach) is a very odd-looking fish which inhabit the sandy or muddy bottom of streams. Four species of family Botiidae (Point Faced Loaches) were found in the study area and found to inhabit in the benthos of running water. They have a large bifid suborbital spine which can be erected and set in a position perpendicular to the cheek, must be of material value in discouraging attacks by snakes and fish, somewhat similar to the tusks of a wild boar²¹. Spines are also used for shifting the sand for blood worms and other worms¹⁴. Shaw and Shebbeare⁸ found *Botia dayi* and Sen²⁰ recorded *Botia rostrata* in this region. *Botia dayi* and *Botia rostrata* are synonyms of *B. almorhae*¹³. But, Kottelat¹ treated them separately. Some species like *Lepidocephalus annandalei*, *Nemacheilus zonatus* and *Balitora maculata* were not found in this survey which was earlier reported by Shaw and Shebbeare⁸ and Sen²⁰. *Lepidocephalus annandalei* and *Lepidocephalichthys guntea* was regarded as conspecific⁹ though treated separately by Kottelat¹.

Conservation status of the loaches of Darjeeling Himalaya and adjoining areas of West Bengal evaluated on the basis of CAMP report have shown that out of 20 species, 5 are Endangered (EN), 2 are Vulnerable (Vu), 5 are Lower Risk Near Threatened (LR-nt) and rest 8 are Not Evaluated (NE). But recent update by NBFGR²⁸ included species like *Schistura multifasciata*, *Pangio pangia* and *Botia dario* under vulnerable (Vu) category. Two species *Balitora brucei* and *Nemacheilus devdevi* belong to Near Threatened category and *Botia rostrata* is vulnerable¹⁹. Thus, more than 50% species of loaches belong to threatened category. This categorization may be useful for planning conservation strategies for genetic resources of loach and policy development for the benefit of people and industries concerned.

The people of this region generally do not consider loaches as food fish, so are neglected but these fishes fetch good price in the ornamental fish market. Ornamental fishes, popularly known as ‘aquarium fish’, or ‘live jewel’, are exported to 27 countries, which amounted to 2568 mt (0.86 per cent of the total marine export) in terms of quantity and US\$14 million (0.50 per cent of total marine export) in terms of value²⁹. The entire supply of Indian ornamental fish is primarily dependent on wild catch (85 per cent) and a few artificially bred varieties (15 per cent) of exotic fish. Among the wild catch fishes exported from the country, West Bengal and the North-Eastern states are the major contributors³⁰. Capture based export is not sustainable in ornamental fish trade because species are being harvested at greater volumes and fetching higher rates, threatening the viability or sustainability of this fishery across various parts of the world^{31, 32, 33}. Moreover, the fishes are collected from the wild habitat by local fishermen and then marketed by traders who actually control the activities. This could be improved by providing pertinent training to the interested farmers on captive breeding and rearing of ornamental fishes and providing incentives and assistance to them to create basic infrastructure for a fishery unit³⁴. Breeding and farming of ornamental fish requires very little space, the same can be done even in the backyard of houses. This would enable even women to look after the culture and involve them in this business.

Table I: Loaches of Darjeeling Himalaya and adjoining areas of West Bengal

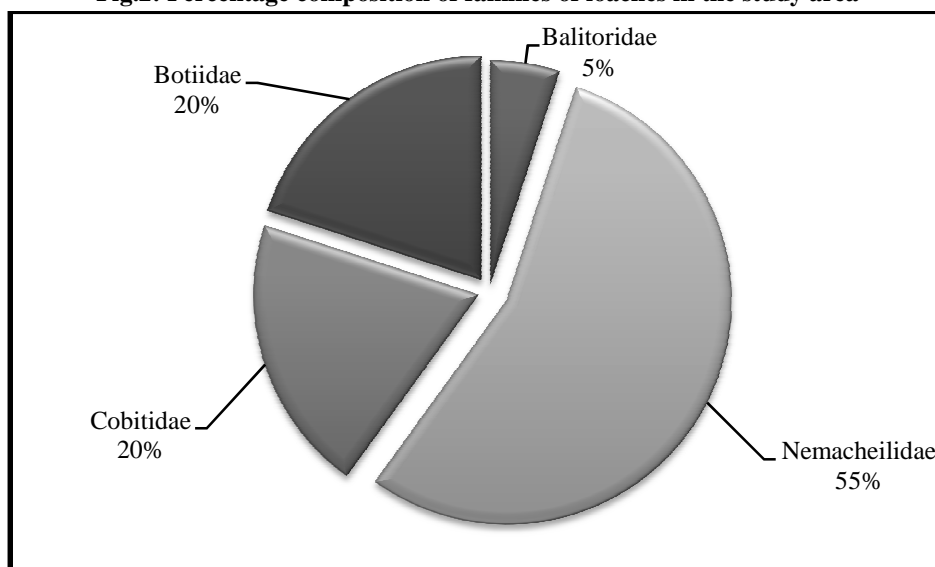
Name of the Species/ Length (L) in cm. / English (E), Nepali (N), Bengali (B) Name.	Distribution	Conservation Status CAMP / IUCN
Order – Cypriniformes		
Sub-order- Cobitoidei		
Super-family – Cobitoidea		
Family – Balitoridae Swainson, 1838		
1. <i>Balitora brucei</i> Gray, 1830. L=7; Gray's stone loach (E); Tita Kabre (N).	Teesta, Riyang, Teesta barrage	LR-nt/ NT
Family – Nemacheilidae Regan, 1911		
2. <i>Aborichthys elongatus</i> Hora, 1921 L=8; Bami gadela (N); Wedge tail Loach (E)	Relli, Rangeet, Teesta, Riyang.	EN/LC
3. <i>Acanthocobitis botia</i> (Hamilton, 1822) L=8; Mottled loach, Leopard loach (E); Bilturi, Poia(B); Pate Gadela (N)	Relli, Teesta, Sevok, Mahananda.	LR-nt/LC
4. <i>Schistura beavani</i> (Günther, 1868) L=4; Creek loach or Banded loach (E); Gadero (N); Poia (B).	Relli, Rangeet, Teesta, Riyang, Mahanada.	NE/ LC
5. <i>Schistura multifasciata</i> (Day, 1878) L=7; Many banded loach (E); Gadela (N); Poia(B).	Relli, Teesta	EN/LC
6. <i>Schistura rupecula</i> McClelland, 1838 L=4; Banded loach (E); Gadela (N); Poia (B).	Relli, Rangeet, Teesta, Riyang.	LR-nt/ LC
7. <i>Schistura scaturigina</i> McClelland, 1839 L=6; Victory Loach (E); Gadela (N); Dari, Poia(B).	Relli, Rangeet, Teesta, Riyang.	Vu/ LC
8. <i>Schistura shebbearei</i> (Hora, 1935) L= 4; Gadela (N); Khorkey/Kharika or Poia (B).	Teesta, Teesta barrage	NE/ NEF
9. <i>Schistura savona</i> (Hamilton, 1822) L=2.3; Half-banded loach (E); Khorika (B)	Teesta Barrage	NE/LC
10. <i>Nemacheilus devdevi</i> (Hora, 1935) L=3; Olivaceous loach (E); Gadela (N); Poia(B).	Relli, Rangeet, Teesta, Riyang, Mahananda.	EN/NT
11. <i>Nemacheilus botia aureus</i> (Day, 1878) L=6; Loach; Gadela (N); Poia (B).	Teesta	NE/NEF
12. <i>Nemacheilus corica</i> (Hamilton, 1822) Polka dotted loach (E), Gadela (N); Kharika (B).	Teesta barrage	LR-nt/LC
Family – Cobitidae Swainson, 1838		
13. <i>Lepidocephalichthys guntea</i> (Hamilton, 1822) L=8; Guntea loach (E); Lata or Gethu (N); Gunte Poia or Gutum (B)	Teesta, Ghish, Sevok, Mahananda, ditch, ponds.	NE/ LC
14. <i>Pangio pangia</i> (Hamilton, 1822) L=5; Coolie loach (E); Pangya or Daria (B)	Teesta and Sevok	Vu/ LC
15. <i>Pangio apoda</i> Britz and Maclaine, 2007 L=3.2; Eel loach (E); Pangya or Daria (B)	Teesta barrage	NE/DD
16. <i>Canthophrys gongota</i> (Hamilton, 1822) L=8; Gongota loach, Jaguar loach (E); Poia (B); Latai (N).	Relli, Teesta, Sevok, Ghish, Mahananda.	LR-nt/ LC
Family – Botiidae Berg, 1940		
17. <i>Botia lohachata</i> Chaudhuri, 1912 L=10; Y-loach (E); Baghi (N)	Teesta, Teesta barrage	EN/ LC
18. <i>Botia dario</i> (Hamilton, 1822) L= 11; Golden banded loach or Rani loach (E); Baghi (N)	Ghish, Sevok, Ditch	NE/LC
19. <i>Botia almorhae</i> Gray, 1831 L=9; Almorah loach (E); Baghuwa (N)	Teesta barrage	EN/ LC
20. <i>Botia rostrata</i> Gunther, 1868 L=8; Gangetic loach or twin banded loach (E); Rani mach (B).	Mahananda, Teesta barrage	NE/Vu

* EN- Endangered, Vu-Vulnerable, LR-nt-Low risk near threatened, NE-Not evaluated, NT- Near Threatened, LC- Least Concern, NEF- No Entry Found, DD-Data deficient.

Fig.1: Study area showing sampling sites (Courtesy- Google earth)



Fig.2: Percentage composition of families of loaches in the study area



CONCLUSION

The region with rich *ichthyodiversity* is under immediate threat of species decline and habitat destruction due to tremendous pressure from demotechnic growth and natural environmental changes. All the rivers, streams and other water bodies are more or less impacted because of high population growth, construction of highways, roads, bridges, dams, destruction of riparian vegetation and watershed forest cover, denudation causing high siltation, boulder and sand lifting, landslides, disposal of untreated sewages, indiscriminate use of pesticides and fertilizer in agricultural practices, altered land use pattern, rampant fishing and so on. Several workers^{23, 35} have mentioned that illegal fishing methods used in the Himalayan rivers cause a decline in the fish population.

It may be concluded, that gene pool of unique ichthyofauna in Darjeeling Himalaya and adjoining areas is a valuable endowment of nature. The aquatic resources and fish germplasm are our national wealth which

has co-evolved during the course of evolution. Any species getting extinct would upset the ecological balance resulting in dangerous imbalance of the system. Thus, the use of destructive methods of fishing calls for formation of task force, strict vigilance, stopping illegal fishing and effective enforcement of legislative measures such as, closed season, mesh size regulation and awareness of the local people residing along the river bank. The involvement of voluntary organizations, local clubs, self-help groups, is urgently needed in an effort to maintain fish stocks at a healthy level. Cornish and McKellar³⁶ opined, educating the local communities on the destructive effects of the practices and making them more vigilant and responsible for controlling them would be more effective. The stocks should be enhanced through regular release of hatchery produced fingerling especially of fishes with ornamental value and having endangered and vulnerable status. Thus, through long term planning, conservation and judicious use of the germplasm, the highly priced native ornamental fish resources especially loaches may provide the region an ample scope for foreign exchange earnings.

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